

PREOPERATIVE INSTRUCTIONS FOR OFFICE SURGERY

Date of Surgery: _____

TRANSPORTATION:

SPECIAL INSTRUCTIONS

Time: _____

You will need someone to drive you home.

**For Surgery in Office
With Local Anesthetic:**

Surgical Procedure: _____

MEDICATION:

MEDICATION:

Do not take aspirin or any medication containing aspirin for at least 21 days before your scheduled surgery.

If you regularly take medications, take them on the day of the procedure.

LOCATION:

Southwest Financial Bank Bldg.
3730 Kirby Suite 900
Houston, TX 77098

WHAT TO WEAR:

FOOD/DRINK:

Wear loose fitting, casual clothing to help you feel more comfortable.

You may eat regular meals on the day of your surgery, but you will be more comfortable if you eat a light breakfast or lunch.

SURGICAL PROCEDURE: _____

MUSIC:

**For Surgery in Office With
Anesthesiologist-Administered
Sedation:**

POST OPERATIVE VISIT: _____

If you have a favorite CD, you are welcome to bring it to surgery.

MEDICATION:

CALL FROM OFFICE:

Someone from our office will be calling you 1 or 2 days before your surgery to answer your questions and remind you of specific instructions.

SCHEDULING:

If you need to cancel or reschedule your surgery, please call us as soon as possible at (713) 795-0705 so that we can adjust our surgery schedule for other patients.

If you regularly take medications, you will be told by your surgeon when and if you should take the medications on the day of your surgery.

ARRIVAL:

When you arrive, please sign in at the registration desk.

FOOD/DRINK:

If your surgery is scheduled for the morning, do not eat or drink anything after midnight (12:00 am) on the day of surgery. You may brush your teeth, but do not swallow any water when you rinse. If your surgery is scheduled for the afternoon, cease eating and drinking at least 8 hours prior to the scheduled time for your surgery.

PAYMENT:

If you have not already paid for the surgical fees, you will be asked to do so on the day of your surgery.

CLOTHING:

You will be more comfortable if you wear a short-sleeved shirt or blouse.