

PREOPERATIVE INSTRUCTIONS FOR HOSPITAL SURGERY

DATE OF SURGERY: _____

TIME: _____

Surgical Procedure: _____

LOCATION:

The Methodist Hospital
6501 Fannin
(corner of Fannin and John Freeman)
Check in: 7th Floor of the Neurosensory
Center

St. Luke's Medical Tower
6624 Fannin
(across from Texas Children's Hospital)
Check in: 9th Floor

CALL FROM OFFICE:

Someone from our office will be calling you 1 or 2 days before your surgery to answer your questions and remind you of specific instructions.

PRE-OPERATIVE ENCOUNTER

*** You must call The Methodist Hospital at (713) 394-6805 for a pre-operative appointment the week before surgery.**

*** You must call St. Luke's Medical Tower at (832) 355-8177 for a pre-operative appointment the week before surgery.**

TRANSPORTATION:

Arrange to bring someone with you to drive you home, since your vision will be blurry and you may still feel some effects from the sedation used during your surgery.

MEDICAL APPROVAL:

If you have a significant or chronic medical problem for which you are currently being treated – such as heart problems, high blood pressure, breathing problems, etc. – you will need to provide us and your anesthesiologist with a letter from your doctor indicating approval for you to have this surgery performed. The letter should also contain any special instructions your physician thinks are necessary for the administration of anesthetic. Be aware that if this letter is not provided prior day of your surgery, it will be necessary for us to arrange for an internist to see you. This may delay your surgery and will have an additional cost.

MEDICATION:

Do not take aspirin or any medication containing aspirin for 21 days before your scheduled surgery. If you regularly take medications, you will be told by the doctor when and if you should take medicines on the day of your surgery with small sips of water. Bring all of your medications with you.

PREOPERATIVE INSTRUCTIONS FOR HOSPITAL DAY SURGERY

FOOD/DRINK:

If your surgery is scheduled for the morning, do not eat or drink anything after midnight (12:00 am) on the day of surgery. If your surgery is scheduled for the afternoon, cease eating and drinking at least 8 hours prior to the scheduled time for your surgery.

WHAT TO WEAR:

Wear loose fitting, casual clothing to help you feel more comfortable after your surgery. You will be provided with a hospital gown to wear during the procedure.

SCHEDULING:

If you need to cancel or reschedule your surgery, please call us as soon as possible at (713) 795-0705 so that we can adjust our surgery schedule for other patients.

ARRIVAL:

When you arrive, please sign in at the reception desk.

PAYMENT:

You will be asked to pay the surgeon's fee in full on the day of your surgery, unless you have already made the payment or your insurance company has pre-approved payment for the procedure you are to have. Be aware that you will also be asked to pay separate fees to the anesthesiologist and the hospital.